

HOW TO ROCK YOUR VIDEO INTERVIEW



Find a quiet, well-lit place to have the interview. Ensure that your light source is shining directly at you instead of from behind you as this can cast a shadow and your interviewer will have difficulty seeing you.



Prepare a pen, a notepad, 4 to 5 questions to ask at the end of the session and a copy of your resume on your desk before the interview starts.

Avoid fidgeting, crossing your arms or playing with your hair while on camera. Body language and eye contact are still important even behind a screen.



Answer questions as clearly and concise as possible - avoid speaking longer than 1 to 2 minutes.

Remember that digital connections can sometimes be delayed. Let the interviewer finish their question and pause a few seconds before answering to avoid talking over each other.

