

Galvin-Rowley
Career Coaching

Expert Career Management & Coaching

WE CAN HELP

Take your career to the next level

WE CAN HELP

Providing professional and discreet Career Management and Coaching Services to Senior Managers and Executives.

CAREER ASSESSMENT

Are you facing a career crossroad, issue or challenge and looking for a discreet and expert professional to help? There are many hurdles we experience throughout our careers -

- You may be ready for your next career step and career challenge
- You may be preparing for your next promotion and looking for help to get your there
- You may be looking to change industry altogether
- Perhaps you've been looking to change but aren't finding the right opportunities
- You may simply be new to the job search process and need a helping hand

BY WORKING WITH US, WE WILL HELP YOU

- Assess your current situation and future direction
- Identify and gain clarity around your ideal position and how to get there
- Determine your target market and develop a workable strategy to your job search
- Uncover what's standing in your way and develop strategies for professional development
- Prepare an Executive Resume and Profile that captures your true capability and achievements
- Effectively network to access Search roles
- Confidently manage job interviews and develop strong presentation skills
- Ongoing professional career planning advice

JENNIFER GALVIN-ROWLEY

With 20+ years experience gained as a leading Executive Search Consultant, Jennifer understands the challenges faced by Senior Managers & Executives to effectively and successfully manage their career.

Jennifer's bespoke approach to Career Coaching provides:

- A professional and discrete sounding board for professional career advice
- Expert knowledge and insight into the Executive Search process and how to successfully leverage opportunities
- A practical and comprehensive program that is tailored for each client

In a busy world, this is an opportunity to stop, learn and discover more about yourself and what really matters. With greater clarity, we will help you plan and build a successful future.

REVIEW & STRATEGIC PLAN

Our initial career review is comprehensive and ultimately forms the basis of the future Strategic Plan. The initial analysis will focus on your Career and Accomplishments; management style and behavioural preferences; skills and experience as well as strengths and areas for development.

We also take into consideration lifestyle and personal aspirations as well as outside influence

that affect your career. Using this as a foundation, we can start to

focus on development plans including short and long term options.

DEVELOPING A PROFESSIONAL PROFILE

As a senior executive, it is critical you have a professional and polished profile. We will help you compile a polished resume that captures your identity, career, accomplishments and future capability; LinkedIn and Professional Association profiles as well as developing your Presentation Skills and building your "Personal Brand".

JOB SEARCH, NETWORKING AND INTRODUCTIONS

You can spend a lot of time and effort in job search mode, so it is important to invest your time and energy wisely.

By understanding job search methods and identifying the right approach for you, you will have more control over the quality and

success of your job search efforts.

FORMAL INTERVIEW & SELECTION PROCESS

Even the most senior Executive can come undone in an interview situation. Your ability to communicate clearly and concisely your career, accomplishments, strengths and aspirations during an interview is critical. Our presentation and interview skills training will provide you with the tools to shine in even the toughest interview.

EVALUATING OPPORTUNITIES

The marketplace can offer what appears to be fantastic career opportunities. Identifying opportunities that meet your criteria is the next phase.

We will help you sort through the maze of opportunities and identify what will be strong and considered opportunities that can really benefit your career.

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