



Discover what's possible in New Zealand

New Zealand's medical agency of choice

Ochre
RECRUITMENT

New Zealand is an attractive career move for many reasons.

Doctors look to New Zealand for a change of pace, better employment options, temperate climate and access to unspoilt landscapes.

We asked our Doctors who have made the move, exactly why they find New Zealand such an appealing place to live and work:

- The healthy work-life balance (most Doctors work between 32 – 40 hours per week). The pace is slower, people are generally more relaxed and everyone is in it for the right reasons.
- The broader scope of work provides more opportunities in procedural specialisms and areas of interest such as womens health, chronic illness and occupational health.
- The potential to buy into a practice.
- Healthcare access is universal and free from financial and bureaucratic barriers. The system is integrated and preventive rather than curative in focus.
- Should you become a permanent resident, you have the right to vote, to come and go as you please and your family receives the same access to all government subsidies that are in place if you were a full citizen.
- The world-famous range of outdoor activities including fishing, camping, white water rafting, hiking, cycling, surfing and skiing are all on your doorstep – you don't need to travel far to embrace nature.
- You'll find a melting pot of diversity living here, ranging from the Maori to the Pacific Islands to those of European descent. There are fewer issues with cultural differences than you will experience in any other country – people are inclusive.
- Even the food is incredible. If you enjoy the farm-to-table trends that are popular around the world, you will love living here because it is a way of life for almost everyone.
- There is less pressure to be the best or the richest – quality of life and respect for the environment is way more important.





Helping you make the move

Ochre Recruitment New Zealand have been assisting Doctors make the move to New Zealand for close to 20 years.

Our story began back in 2002 when Doctors Hamish Meldrum (a Kiwi) and his Aussie colleague Ross Lamplugh, challenged by the need for quality locum Doctors in rural Australia, established "Australian Outback Locums". In 2003, Australian Outback Locums transitioned into Ochre Recruitment and today we are proud to be one of only a few dedicated Medical Recruitment agencies with consultants working in both New Zealand and Australia.

We have grown to cover all areas of New Zealand and Australia providing medical recruitment solutions for hospitals, private practices, resource sectors and defence in outback, rural and metropolitan regions. We have long standing relationships with clients, from small rural sole practices, to large District Health Boards.

Ochre Recruitment New Zealand is based in Wellington, the capital of New Zealand. We specialise in placing GP's, Specialists and Registrars into a wide variety of locations. We partner with Doctors from all walks of life and do the hard yards to find you your ideal practice, hospital and location, securing you the best possible employment conditions.

"Ochre recruitment are excellent to work with. They walked me through every step of the application process from start to finish. They even provided a great day of training which helped start my orientation to the NZ medical system. They matched me with an excellent clinic whose staff have not only provided me with further extensive orientation to healthcare in NZ but are also readily available for help when needed. I would highly recommend the experience to anyone keen for a change of pace and scenery."

**DR LEISHA OSTROWSKI,
GENERAL PRACTITIONER**

What can you expect from practices and hospitals in New Zealand?

Although New Zealand is a small country, our practices and hospitals are professionally run. The healthcare system is fantastic. There's far less paperwork, less bureaucracy and more access to Allied Health... as a Doctor you can get things done!

Practices and hospitals are all equipped with the latest technology and state-of-the-art facilities you would expect to find in other highly developed countries. With comprehensive universal healthcare available to all New Zealanders, the standard of healthcare is extremely high.

New Zealand has opportunities in all medical specialisms and in most cases you can choose where you want to work and live, unlike working in Australia. Whether you choose a short term, long term or permanent position, we can help you find a role that ticks all your boxes. General Practitioners that come to New Zealand can work their way around New Zealand in six month contracts or settle for a year or longer in cosmopolitan cities, coastal towns or rural communities.

"I am very pleased with Ochre Recruitment New Zealand. Their service is professional, fast and efficient. They have not failed even once in my seven years of experience with them."

**DR MARIA BELTRAN DE GUEVARA,
GENERAL PRACTITIONER**

General Practice Fast Facts

- An average day consists of 2 sessions (AM/PM). Each session is usually 4 hours.
- Most Doctors work 8- 10 sessions per week.
- Standard appointments are 15 mins long.
- All practices use computerised patient notes. The most common software is Medtech, which is used at about 90% of practices.
- Some practices include on-call of 1-2 nights per week. This is more common in rural areas but varies practice to practice.
- Procedural skills, emergency medicine and minor surgery are valuable.
- Some practices have a walk in clinic that all GPs work in on a roster basis.
- Different practices offer different packages. Usually the more rural a location - the more is included in the package (e.g. relocation, accommodation and car).



Registration pathways

Here's a brief look at the various registration pathways available.

Competent Pathway for UK or Irish graduates

- Must hold a primary medical degree from a university medical school within the UK or Ireland.
- Have at least 1 year of general medical experience working within the UK or Ireland.
- Require 6 months of satisfactory supervision reports before gaining general registration.

Comparable Pathway

- Must hold current and full registration in a 'comparable' country.
- Have worked in a comparable health system for a minimum of 30 hours per week for at least 33 months out of the last 48 months (prior to application).
This time must be practised in the branch of medicine that the Doctor intends to work in NZ.
- Comparable countries include: Australia, Austria, Belgium, Canada, Czech Republic, Denmark, Finland, France, Germany, Greece, Iceland, Israel, Italy, Norway, Portugal, Republic of Ireland, Singapore, Spain, Sweden, Switzerland, The Netherlands, United Kingdom, USA.
- Require 12 months of satisfactory supervision reports before gaining general registration.

Locum Tenens Pathway

- Based on post graduate qualification.
- Allows Doctors to work a maximum of 12 months in NZ at one time.
- Always under supervision and never graduate to full registration.
- There are specific post graduate qualifications recognised from the following countries - Australia, Canada, Hong Kong, Ireland, UK, RSA and USA.
- Ideal for Locums working up to 12 months.

"Thank you for all the work you've done to find me locums across New Zealand. You make everything easy. I have been so impressed with your efficiency and dedication... Although I do worry whether you ever actually take any time off! If you are considering locum work, I recommend talking to Ochre Recruitment"

DR JULIE HARDY, GENERAL PRACTITIONER



For more detailed documents on these pathways and for immigration & visa information advice please contact

Anna Williams

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Why Doctors love New Zealand.

“The New Zealand Healthcare System allows you to have genuine relationships with your patients, to speak your mind and talk about available medical modalities and have real discussions with patients; one does not have to worry about patient satisfaction scores; the government does not withhold pay for not making the patients happy... everyone is concerned about general well-being and not about making money for the hospital.”

**DR GARETT BURKE,
ED SPECIALIST**

“The easy-going atmosphere, the great outdoors, friendly people from all over the world and the sparsely populated country made NZ a great destination. Stop considering the move and make it happen! I haven't met anyone who had regrets of making the move.”

**DR JACOB STIGGELBOUT,
GENERAL PRACTITIONER**



Considering the move to New Zealand?

Whether you are considering a move from Brexit or the rigours of the NHS; perhaps you are contemplating a sea change; or maybe your long term career goals can't be achieved at home and you're looking abroad for opportunities to pursue your specialty interests and/or leadership aspirations.

Either way, if you love a grand adventure, New Zealand is the place to be.

We're currently building a better website due for launch in the new year. If you do visit us at www.ochrerecruitment.co.nz you may not find exactly what you are looking for, so please don't hesitate in contacting us directly.



Contact us

Talent Consultant
Anna Williams

Anna is always excited to help create a Doctor's next locum adventure. With an eye for detail she enjoys making the locum process easy and stress free.

Even if you are just curious, she'd love to hear from you.

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